



February 20, 2021
8th of Adar 5781
Parshas Terumah
Parshas Zachor



ח אדר תשפ"א
פרשת תרומה
פרשת זכור

SHABBOS SCHEDULE

Friday

Candle Lighting 5:58 pm
Mincha 6:06 pm

Shabbos

Shachris 7:15 am
9:00 am
Latest Shema 9:43 am
Mincha 5:52 pm
Maariv & 6:58 pm
Havdalah

DVAR TORAH – BY Rabbi Refael Dovid Lehrfield



Originally, the Mishkan was to be built after coming into Eretz Yisrael. However, after the incident of the Golden Calf, Hashem commanded that the Mishkan be built immediately. It is the Mishkan, our Shul, that make us realize our commitment to Hashem and fellow man.

Important Purim 2021 information

Megillah readings schedule

We will be providing three Megillah readings on erev Purim , Thursday night February 24th. The first two will be at 6:55 P.M. Due to the COVID-19 concerns, we will not be using the social hall. Instead, the Megillah reading which has in previous years been in the social hall will be in the main Shul to accommodate social distancing concerns. This will be an efficient reading with minimal noise. The second reading will occur at the same time (6:55 PM) and will be an outdoor reading in the area in and around our Sukkah. Due to the limited space, reservations must be made in advance to attend this reading. The third Megillah reading will be at 10:00 pm in the main Shul. On Purim morning, we will also be offering three Megillah readings. The first will be during our Hashkomah Minyan. Davening starts at 6:15 am and it is anticipated that we should be reading the Megillah at approximately 6:45 am. The second reading will be during the 8:00 am Minyan and should begin around 8:30 am. The third reading which is predominantly for women, will be at 10:45 am in the main Shul.

Machtzis Hashekel and Matanos L'evyonim

To accommodate people who due to Covid-19 are not planning on attending any of the Megillah readings we have made the following arrangements: To give Matanos L'evyonim please use the following link:
https://www.paypal.com/donate?hosted_button_id=T6TXV3BLOVDO4
The Shul is providing the opportunity for you to come by the Shul office on Tuesday, Wednesday or Thursday between the hours of 8:00 am and noon to be Mekayem the Minhag of Machtzis Hashekel.

Shalach Manos distribution

Immediately after the evening Megillah readings we will begin distributing Shalach Manos. There will be 3 stations inside the Shul. One in the office, and two in the social hall. For those going to the outdoor reading there will be Shalach Manos pick up at the emergency exit from the social hall. You will not have to come into the Shul to pick it up. We will be sending out more information prior to Purim. In addition, after the 6:45 am Megillah reading and the 8:30 am Megillah reading we will be distributing Shalach Manos. Again, there will be 3 stations inside the Shul. One in the office and two in the social hall. More details to follow.

WEEKDAY SCHEDULE

Shachris

Sunday 6:45 am
8:00 am
Mon, Thur 6:30 am
8:00 am
Tues, Wed, Fri 6:45 am
8:00 am

Mincha

Sunday 6:07 pm
Monday 6:08 pm
Tuesday 6:09 pm
Wednesday 6:09 pm
Thursday 2:00 and 6:00 pm

Young Israel of Greater Miami
990 NE 171 Street
North Miami Beach, FL 33162

Phone: 305 651-3591
Fax: 305 651-3501
email:youngisraelnmb@gmail.com

HOSPITALITY

Due to the Corona virus we will not be providing hospitality or meals for Shabbat or Yom Tov. Once it is safe to do so we will resume hospitality. Please contact Ron Fisher of the Young Israel Hospitality Committee if you have any questions

Email: fisher@fiu.edu

Tel: 305-653-4970

Cell: 305-613-0828

SECURITY

The security of our Shul is of utmost importance. Please follow all instructions of our security personnel. To join the security team, contact Adam Aronson.

Cell: 305-213-1693

REFRESHMENTS

Please join us after Davening for light refreshments on the patio in front of the Shul

TORAH READING

Parsha Terumah

Haftorah—Parshas Zachor
Samuel I 15: 1-34

Stone Chumash

Parsha Page 444

Haftorah Page 1214

Soncino Chumash

Parsha Page 500

Haftorah Page 1192

Chumash With Rashi

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Haftorah Page 239

News & Announcements

- Mazal Tov to Max E. Roberts, grandson of Ron Landau upon his marriage to Chana Reis in Jerusalem. Mazal Tov to the entire Roberts and Reis families.
- Weekly Zoom Shiur given by Rabbi Galandauer on Wednesday nights, 7:30-8:15 pm. Zoom ID: 987-7400-6172
- If you pledged a leaf for any of the Yom Tovim appeals, please let the Shul office know what you would like written on the leaf so that we can order them.
- Please pay your dues and any outstanding balance on your account promptly. If you would like to be able to set up a recurring payment for your dues call the Shul office for more details.
- If you have not paid your Eruv bill for 2020 please go to bit.ly/nmberuv or call the Shul office.
- There are KN 95 masks available for purchase in the Shul office.

Parshas Terumah in a Nutshell

Source: Chabad.org

The people of Israel are called upon to contribute thirteen materials—gold, silver and copper; blue, purple and red-dyed wool; flax, goat hair, animal skins, wood, olive oil, spices and gems—out of which, G-d says to Moses, “They shall make for Me a Sanctuary, and I shall dwell amidst them.”

On the summit of Mount Sinai, Moses is given detailed instructions on how to construct this dwelling for G-d so that it could be readily dismantled, transported and reassembled as the people journeyed in the desert.

In the Sanctuary’s inner chamber, behind an artistically woven curtain, was the ark containing the tablets of testimony engraved with the Ten Commandments; on the ark’s cover stood two winged cherubim hammered out of pure gold. In the outer chamber stood the seven-branched menorah, and the table upon which the “showbread” was arranged.

The Sanctuary’s three walls were fitted together from 48 upright wooden boards, each of which was overlaid with gold and held up by a pair of silver foundation sockets. The roof was formed of three layers of coverings: (a) tapestries of multicolored wool and linen; (b) a covering made of goat hair; (c) a covering of ram and tachash skins. Across the front of the Sanctuary was an embroidered screen held up by five posts.

Surrounding the Sanctuary and the copper-plated altar which fronted it was an enclosure of linen hangings, supported by 60 wooden posts with silver hooks and trimmings, and reinforced by copper stakes.

Haftorah Parshas Zachor in a Nutshell

Source: Chabad.org

This week’s special *haftorah* discusses G-d’s command to destroy the people of Amalek. This to avenge Amalek’s unprovoked attack on the Israelites that is described in the *Zachor* Torah reading.

Samuel conveys to King Saul G-d’s command to wage battle against the Amalekites, and to leave no survivors—neither human nor beast. Saul mobilizes the Israelite military and attacks Amalek. They kill the entire population with the exception of the king, Agag, and they also spare the best of the cattle and sheep.

G-d reveals Himself to Samuel. “I regret that I have made Saul king,” G-d says. “For he has turned back from following Me, and he has not fulfilled My words.”

The next morning Samuel travels to Saul and confronts him. Saul defends himself, saying that the cattle was spared to be used as sacrificial offerings for G-d. Samuel responds: “Does G-d have as great a delight in burnt offerings and peace-offerings, as in obeying the voice of G-d? Behold, to obey is better than a peace-offering; to hearken, than the fat of rams. . . . Since you rejected the word of G-d, He has rejected you from being a king.”

Saul admits his wrongdoing and invites the prophet to join him on his return home. Samuel refuses his offer. “The Lord has torn the kingdom of Israel from you, today; and has given it to your fellow who is better than you.” Samuel then kills the Amalekite king.

Maftir

Stone Chumash

Soncino Chumash

Chumash With Rashi

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Parshas Zachor

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REFUAH SHLEIMA

- ◆ HaRav Refael Dovid ben Etta Riva
- ◆ Aharon Dovid ben Chaya
- ◆ Yochanan Baruch HaKohen ben Frumma Etta
- ◆ Etta Mindel bas Chana
- ◆ Tzofia bas Shoshana
- ◆ Daniel Yaakov ben Masha Tzvia
- ◆ Leora Rachel bas Chaya Raizelle
- ◆ Boruch ben Sorah Gittel
- ◆ Etel bas Chana Perel
- ◆ Devora bas Sora
- ◆ Tuvia Chaim ben Shulamit
- ◆ Chana bas Yaakov
- ◆ Devorah bas Malka
- ◆ Yisroel Yehuda ben Rachel
- ◆ Mindal bas Chana
- ◆ Yitzchak ben Zisel
- ◆ Shmuel ben Sarah
- ◆ Ezra Chaim ben Rivka
- ◆ Esther bas Frayda
- ◆ Shifra Yehudis bas Yafa Leah
- ◆ Yehuda Reuven ben Rachel
- ◆ Yakov ben Chasya
- ◆ Yehuda Meir ben Tzipora
- ◆ Netanel Ilan ben Sheyna Tzipora
- ◆ Itai ben Tzipora
- ◆ Rochel Miriam bas Sarah
- ◆ Nechama Malka bas Blima
- ◆ Shayna bas Yaacova Yaffa
- ◆ Ora bas Migdelet
- ◆ Menachem Mendel ben Chaya
- ◆ Reuven ben Sarah Nemani
- ◆ Etel bas Malka Yita
- ◆ Chava bas Nechama
- ◆ Leah bas Sarah
- ◆ Yosef ben Yaakov



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WEEKLY STORY!

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OF FATHER & SON LEARNING,
OR FOR MORE INFORMATION,
CALL 347-242-4464
OR EMAIL: harry@emiyoshi.com

Deadline to order Shalach Manos has been extended to February 21st at noon. No orders will be accepted beyond that time.

If you are able to help pack and or deliver please contact Shoshana in the Shul office.

Health and Healing in the Parsha Daniel A. Wasserman, DOM

"Vatishchak l'yom acharon" – "And she will laugh in times to come." (Mishlei 31:25)

This is a reference to *Moshe* who laughed at those who doubted that the *Shechinah* would rest on the *Mishkan*. (*Shemos Rabbah* 52:3)

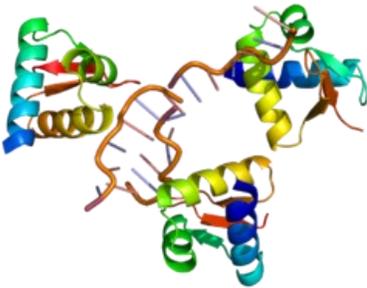
As per the midrash quoted above, *Moshe* laughed the last laugh and you know what they say about the one who laughs last (... laughs best). Laughter is a funny thing. It is elicited when our minds fail to contain the unexpected post-punchline revelation. After all, isn't that what makes a joke funny? Initially, the listener is in a state of concealment only to be transformed into a new, sudden state of awakening. It is the month of Adar that the mystics linked with our ability to laugh. (*Sefer Yetzirah, Perek 8*)

In a wonderfully organized *shiur* (*k'darko*), Rav Doniel Glatstein, *shlit'a*, discusses the exact mechanism behind the transformation that took place in the days of Purim. He explains that deep inside the nucleus of each Hebrew month lies a spiritual DNA through which the theme and energy of that month is 'genetically' expressed. Sourced from the works of the great Arizal, the 'genes' of each particular month are a unique arrangement of the four-letters that comprise Hashem's holiest name, Y-K-V-K. It was through her actions and prayers that Ester was able to splice and edit the very DNA of Adar, as we will read, "...that month was changed for them" (Ester 9:22) This is the deeper meaning of Adar being transformed from a month of grief and mourning into a source of limitless joy, '*Ad D'lo Yada*'.

(I enjoin you to listen to his full shiur. Here is the link: <https://www.torahanytime.com/#/lectures?v=140886>.)

Continuing this theme, I would like to share with my *chevra* at Young Israel, right here and now, an original find...a '*metzia*', if you will. It centers around an enzyme found within the genetic material of our cells called "Adenosine Deaminase Acting on RNA". This supacalifragilistic-ally, long-winded protein is more commonly referred to by its abbreviated acronym. Ready for this?...The '*ADAR*' gene. Yes, go ahead, search 'the Google' and you will find geneticists and college professors around the world discussing ADAR. I'll save you some time. The link below takes you to a video where a Pakistani teacher is presenting a lecture on the ADAR gene. Watch the ten second clip from 3:30 to 3:40 where he slowly pronounces ADAR and then writes and circles it on his white board. (https://www.youtube.com/watch?v=7q_Nu55sGPs)

You are actually looking at an image of this gene from Sefer Wikipedia.



So, what in Crick and Watson's name, is the ADAR gene and what is its function? Accidentally discovered back in (prehistoric) 1987, ADAR is an enzyme that uniquely edits RNA by switching out half of a rung of the twisted ladder, known as the double helix, and replaces it for a look-a-like, but less stable substitute. [That felt a lot like reading the ten sons of Haman.] Regarding viruses, this important destabilization is thought to be one way in which our immune system weakens and, then, attacks an 'invader'. Now do a google search with the words ADAR GENE COVID and you will find dozens of scientific articles discussing ADAR's role in immunity against the coronavirus. And, don't be shocked when you see that there are two active forms of this protein, aptly named ADAR1 and ADAR2. (I am not kidding.)

Honestly, I'm not sure if this is just fodder for Adar-ly (utterly) ridiculous 'Purim Torah' or a remarkable peek into Hashem's unified field of Truth shining through cracks in the '*alma d'shakira*' (the 'world of falsities', as the Sages refer to this side of *Olam HaBah*). But, how might we activate the ADAR gene for enhanced immune function? The Sages have told us long ago, "*Mishenichnas Adar Marbin B'simchah*", when Adar enters, we increase in joy". (*Ta'anis* 29a) With the twist of a *d'rush*, I might paraphrase their expression as advice, "In order to engage and activate the ADAR gene, we must increase joy and (kosher) laughter." Over the last few decades, there have been hundreds of studies evaluating the benefits of laughing. With an outburst of laughter comes a parallel outpouring of "feel good" brain chemicals, called endorphins. These neurotransmitters have been linked with a variety of health benefits, including decreased stress, increased pain tolerance, and lowered anxiety. Specific to the immune system, regular laughing has been shown to increase our body's immunity towards viruses and infections. Laughing has even been found to decrease heart disease. Of course, there are a host of sociological positive effects, such as strengthening relationships, defusing conflicts, and enhancing teamwork. A new type of exercise has become popular, called 'laughter yoga', based on the theory that voluntary laughter benefits participants in the same way that spontaneous laughter does. Perhaps, it is worth a try.

However, what you and I know for certain is that the greatest joy will resound when *Hashem* delivers the punchline of history and, *k'heref ayin*, in the blink of an eye, the darkness of *Galus* will be transformed...Az *Yimalei S'chok Pinu*, then our mouths will be filled with laughter! (*Tehilim* 126:2)

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